



massasoit  
dental  
associates

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## **THE DAILY SMILE**

*Spring 2008*

Spring is back and so is our seasonal newsletter. We would like to thank all of our patients who have logged onto [www.massasoitdental.com](http://www.massasoitdental.com). In addition to *The Daily Smile*, there are several links on our webpage that may fulfill your dental needs or interests. Click and browse!

### ***What's New?***

Congratulations! Lianne has added a baby girl to her family of men. She'll be back soon.

Designing the perfect smile can be easy and affordable. Try our new **Snap-On Smile** by Trident and your dentist. No drilling! No needles! Enhance your facial appearance in a snap! Call for a consult today.

**Thera-Snore**, our dental appliance that prevents snoring, is available by consult also. Patients complete a short medical survey and are instantly informed if they are a candidate. Don't let snoring steal your quality rest. See your dentist today for a great night's sleep tonight.

Our new **Message On Hold** automated service has been improved. Being on hold has never been so informative.

### ***Do you bleed when you brush and floss?***

It is **not** OK!! Bleeding gums are unhealthy. It means you have an infection in your mouth. This infection may travel into the bloodstream and cause serious health issues. The dental hygiene team at MDA make it their #1 priority - teach patients about their oral health. The importance of the recall and periodontal maintenance appointments is to create a stable environment in the mouth. We also have the opportunity to check for early signs of oral cancer or other diseases. Through demonstration and education, patients will be able to maintain their oral and overall health.

### ***Green Tea Stats***

Water is the #1 drink globally; tea is #2.  
Green tea is rolled and steamed, not fermented.  
It is healthier than black tea.

It is 20 times more potent than Vitamin E; 200 times more potent than Vitamin C.

Tea is rich in fluoride; about 0.5mg per cup.

Tea eliminates bad breath and helps prevent cavities.

Good quality green tea is less likely to stain teeth.

Drink up!

***Tune In.....***

MDA's dental hygiene team will be joining Athena Parker on her radio talk show to inform her Brockton area listeners about the importance of the relationship between your overall health and your dental health. Don't miss this! Tune in on June 6, 2008 at 11AM at WXBR AM 1460.

***Look for all-natural products information in our next issue.....***

***FAMILY AND FRIENDS ALWAYS WELCOME  
WE APPRECIATE AND THANK YOU FOR YOUR REFERRALS***

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