



**massasoit  
dental  
associates**

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*Creating Smiles of Champions*

## THE DAILY SMILE

The Holidays are here and so is Massasoit Dental's winter issue of The Daily Smile. Filled with new and exciting information, this newsletter is sure to keep you smiling into the new year!

### What's New

We would like to welcome Lianne back to our outstanding hygiene department.

Remember to log on to our website at [www.massasoitdental.com](http://www.massasoitdental.com) or call us at 508-583-0103 for practice hours and services and much, much more....

### Raffle.....Raffle.....Raffle

Stop by the office at 288 Belmont Street, Brockton, and enter to win a **Sonicare** ultrasonic toothbrush or a complete **Professional Strength Tooth Whitening Kit** to brighten your smile for the holidays. Drawing to be held December 20. Patients do not need to be present to win. Unlimited entries. Good Luck!

The **Sonicare** toothbrush is a state of the art toothbrush, incorporating the latest in ultrasonic cleaning technology. It is highly recommended for people with periodontal disease, crown and bridge work, and braces, but it is beneficial for all.

The **Nite White Excel 3** system is an at-home bleaching kit designed to give you maximum whitening results.

### Fluoride...are you getting enough?

A natural mineral found in the earth, fluoride has been proven to prevent tooth decay. The World Health Organization, the American Medical Association, and the American Dental Association all have endorsed the use of fluoride in community water supplies.

Ask us about fluoride supplements, rinses, gels and varnishes. Topical fluoride is beneficial for adults as well as children. We would be happy to customize an appropriate fluoride protocol for you.

### Sensitivity...is it preventing you from enjoying life? We Can Help!

We have several products and remedies for sensitive teeth. Ask your hygienist or dentist at your next dental visit.

### Silver to White

Do you value your smile? Replace those old silver fillings with tooth colored fillings. These composite fillings are mercury free and long lasting.

## **What are your NUMBERS???**

Ask your dental hygienist this question and together you will be able to track your periodontal health. At every “cleaning” appointment, your hygienist measures the pocket depth between your gums and teeth. These measurements or “probe readings” define healthy gums, gingivitis, or periodontal disease. Wouldn’t you like to know your numbers?

## **Safety First**

More than 200,000 injuries to the mouth and jaw occur each year. Mouthguards prevent cuts and bruises of the lips and cheeks. They keep the soft tissue away from the teeth, which is especially important for those in braces. Proper fitting mouthguards are a necessity in any competitive sport. Custom-made mouthguards are strong, durable and form-fitting. So, before the next sports season starts, stop by and let us fit you for your new mouthguard.

## **Parent’s Corner**

Children’s teeth begin forming before birth. As early as a few months old their primary teeth, or baby teeth, begin to erupt. Usually, by age three, all 20 teeth are present. Permanent teeth, or adult teeth, begin appearing around age six. The lower incisors and six year molars are the first to erupt. When a child has both primary and permanent teeth, this is called “mixed dentition”. At this stage, your hygienist or dentist may recommend a consultation with the orthodontist. By age 13, all 28 permanent teeth should be present. The wisdom teeth may take until the age of approximately 21 to appear in the mouth.

***Massasoit Dental Associates wishes you a safe and happy holiday season!!***

**NEW PATIENTS AND REFERRALS ALWAYS WELCOME**