



THE DAILY SMILE

Summer 2006

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*Congratulations to Dr. Stephen Black for
25 years
of dedication and devoted service
to our patients!*

What's New?

Theraspray and Theragum are now available in our office. These new products are made with Xylitol and are especially helpful in treating dry mouth. They will keep your mouth moist and comfortable all through the day.

Welcome to Alison! She has joined Jackie, Kathy, and Serina on our outstanding dental assisting team.

Power or No Power?

That is the question. There are a multitude of toothbrushes on the market these days. How do you know which brush to buy? Generally,

brushing twice a day with a soft-bristled, compact-head, manual toothbrush will suffice.

Power or electric toothbrushes are good alternatives to manual brushing. They are an excellent choice for patients with limited hand or arm movement. Sufferers of arthritis, carpal tunnel, shoulder surgery, and stroke victims will all benefit from the ease of an electric toothbrush. Children find the power brushes fun to use and may become enthusiastic about brushing until they develop the fine motor skills to be able to access all those hard to reach areas. Any patient at risk of dental disease is encouraged to utilize an electric toothbrush; particularly individuals with orthodontic appliances or with a history of periodontal disease. Your dental hygienist will recommend which toothbrush is appropriate for you.

Cool Ortho News

It's always refreshing to have a "cleaning" when you are wearing braces. Debris can accumulate around the brackets and wires causing plaque to build up in hard to clean areas. Our office recommends all orthodontic patients have a cleaning every three months followed by an in-office fluoride varnish to protect and preserve the teeth. The new Sonicare toothbrushes are in! The smaller head is devised to access those difficult areas and keep you feeling fresh all summer long!

Still Sensitive?

Are you shying away from ice cream and that tooth whitening system you invested in because of sensitivity? Talk to us. We have highly effective desensitizing products you can use before summer's end. Soon you will have that bright white smile you desire.

Don't Play the Waiting Game

Many patients chip or damage teeth when eating, grinding, playing sports, etc... Due to lack of pain, they decide to wait and have it

checked at their upcoming hygiene visit. DO NOT WAIT!! Bacteria enters the tooth where the damage has occurred and finds its way to the nerve of the tooth. You may not experience any discomfort until it is too late. At that point, we will most likely be referring you to the endodontist for a root canal. In order to keep optimal oral health, see Dr. Black or Dr. Blatz immediately.

**WE THANK YOU FOR YOUR REFERRALS. NEW PATIENTS ALWAYS
WELCOME**